

Dear visitors

At present, the monastic community at Dhammapala Monastery is in its annual retreat until March 28, 2024. This is a very welcome opportunity to put most of the regular duties aside and focus more on meditation and reflection on the teachings of the Buddha. For the duration of this period, we do not receive visitors, host overnight guests or hold any events.

The daily main meal takes place at 11:00 am. Those wishing to bring prepared food for the meal should try to arrive by 10:00 am to allow sufficient time to prepare the offerings in the kitchen.

Visitors are still welcome to visit our house to pick up literature from the reception room and also to use the library and meditation room on the third floor. However, we would like to encourage you to be quiet and ask you to respect the general silence of all visitors.

We wish you all the best.